

**Issue 9      Sons of Norway District Two      Fall 2008**



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*Your District 2 Board of Directors.*

*Top Row (left to right): Zone 6 Director Sally Dwyer, Zone 5 Director Magne Wick, Zone 4 Director Julie Swenson, Cultural/Foundation Director Anne Vatshell, Youth/Unger Venner Director Chris Hicks, Sports Director Ingrid Blockhus, Social/Publicity Director Roberta Morrow, Zone 3 Director Judy Nilson-Cooper, Zone 2 Director Elaine Grasdock, Zone 1 Director Karin Custance.*

*Bottom Row (left to right) Secretary Mickey Andrew, Vice President Mark Agerter, President Waldo Bueing, Counselor Sandi Shin, Treasurer Sohng Shin.*

***Welcome to the new Dynamic 2***

It's a new regime and things are changing! One action we took at our fall board meeting was to change the delivery of the Dynamic 2 to emailing it as a PDF. District 2 will save printing and postage expenses because we will only have to print and mail a few copies to a couple of lodges. Lodge officers who receive the Dynamic 2 by email will be able to share it easily by forwarding it on to members with email addresses. And, of course, they can also print out a few copies to have available for those without emails at meetings. The Dynamic 2 is for everyone in District 2!

Another advantage is that the Dynamic 2 can now be in color! I have reformatted it to make it easier to read online. Websites in blue text are hyperlinks. Click on them to go directly to the website. Click on an email address to send an email. Let me know what you think! Suggestions are always welcome!

*– Roberta K. Morrow*

## President Waldo Bueing



First of all I would like to thank all Sons of Norway members who took time to be delegates at the 2008 District Convention in Spokane. I think we can all agree that it was a great success and I want to thank Reba Haugen-Jewell and Susan Kirkeby for all the work they did as co-convention coordinators.

I also want to thank the delegates for giving me the honor to be your president for the next two years; it really is a privilege. But most of all I want to thank you for electing an outstanding board to assist me. This was especially evident at the fall board meeting at Trollhaugen. Everyone is so upbeat and full of new ideas that we plan to use to make District Two better and stronger than it already is.

Thanks also to all of the delegates who took the time to go to San Diego for the International convention. That too was a great convention and a big thanks to San Diego for putting it on. A great time was had by all. As most of you already know, you need to be an insurance or benefits holder to be a delegate at the International convention. As we get more members involved in conventions, this is a great way to increase our insurance programs.

At our District board meeting one of the big things we wanted to get taken care of was coming up with our District goals for 2009. Your board came up with lots of ideas so it was hard to narrow it down to four. We wanted ideas that could be accomplished if we really tried, and yet not have the same goals as we had last year, just worked out in a different format.

Our first goal is to enhance and increase the options in our resource directory by 50%, with a goal of 100% awareness of the directory by the district lodges.

Our second goal is enhance communication between the international, district, and local lodges. Ideas on who to accomplish this included placing information in a section of the international web site for each district and lodges, including downloadable materials, and improved search functions; place Barnas Norsk Klubb materials on the international web site; having forms available for editing and submission on line.

All of our lodges sometime have trouble finding members to take over many of our office vacancies. Therefore, our third goal is to **improve** officer training. We hope to accomplish this by making our Zone Directors and other board members available to go to the lodges to help train and let people know what is expected of them if they are willing to accept an officer duty. It is very important to the lifeblood of our lodges to enlist and train people to take over.

Membership is an important part of Sons of Norway continuing to grow. Our board feels a good way to do this is to have more membership events such as dinners or brunches. As many of you know our insurance department will pay up to \$400.00 to pay for an event if you have at least 10 prospective members attend. Both the lodge member and prospective member get a free meal and your benefits counselor will be on hand to help everyone learn about all the opportunities available from Sons of Norway. This is also a great way to brag up your lodge and let people know what you have planned. Therefore goal number four is to **increase** new membership events by 50% over what we have been doing, with the ultimate goal of all lodges hosting at least one membership event each year.

Your District Board is here for you, the members of District Two. If anything comes up that you feel we can help with, please call us. We are all listed in the Dynamic Two and the District directory.

– *Fraternally, Waldo Bueing*

The Dynamic Two is the newsletter of District 2, Sons of Norway. It is published twice a year (spring and fall) and is distributed primarily by email to officers of Sons of Norway Lodges in District Two for distribution to their lodge memberships. It is also distributed to the publicity directors of the other districts and Sons of Norway International officers.

## Vice President Mark Agerter

It has been a very busy year to say the least. Starting the year as Treasurer and ending as Vice President requires a bit of a change in mind-set with the transition to new responsibilities, new obligations and new concerns.

The District Convention in Spokane was a lot of work and a lot of fun. Taking care of business, greeting old friends and making new ones, enjoying the generous hospitality of Tordenskjold Lodge and the zaniness of Reba and Susan, feeling the accomplishment of jobs well done. All in all, one of the best conventions I have attended. Highlights included the wonderful President's Reception at the lodge, the interesting cultural exhibits, a beautiful evening enjoying the Alaska and Everett receptions with great food, singing, a Kubb game and more camaraderie and a very memorable Awards Banquet.



A couple of months later we did it all over again at the International Convention in San Diego. This was the first of these that Regina and I had attended and we had a very good time. What a beautiful city. High points included a Hawaiian-themed President's reception complete with Polynesian dancers, a dinner cruise on the harbor and a fantastic banquet with recognition and awards for special achievement.

I enjoyed working as a member of the Fraternal Committee. We reviewed reports related to fraternal activities such as those of the Foundation Director, the Fraternal Director, Ski for Light, all of the district's Fraternal Funds reports, and other related items. In general we found the reports to be written by conscientious, hard working people that truly have the interests of Sons of Norway at heart. Their thoughtful comments helped to give us all a better insight into the goals and achievements of the organization. Like any business, there is always room for improvement, but rest assured that these people are doing their very best to ensure a healthy institution with steady growth in assets and membership as primary goals for the future.

Anyone having a chance to participate in an international convention should do so. It is informative and energizing to get a more comprehensive glimpse into the "global view" of Sons of Norway. There is so much going on throughout the organization that is good and positive and it was a great honor to be included in a small way in that progress.

All of the District Vice Presidents got together for lunch at the convention. Outgoing International VP (and newly elected President) Dan Rude and incoming VP Marit Kristiansen were in attendance as well, so we were able to begin the process of establishing our new VP network. Putting faces to the names was very helpful since we will be having periodic conference calls to discuss our goals and assess progress of our membership efforts and other important issues.

Jumping into the role of District Vice President has been slightly hampered by the fact that I have been serving as Interim Treasurer for the District as well. I have managed to keep up with the membership reports and send out letters to the new 2-999 and 2-000 members and their prospective lodges for the last several months. I have not had any feedback yet as to whether or not any of those members have transferred their memberships over to their local lodges, but will hear more about that later, I am sure.

I am looking forward to the next two years of serving as your Vice President and hope to make progress toward achieving these goals:

- 1 - Maintaining a heightened awareness of membership issues among our members and lodges
- 2 - Continuing to encourage lodges to create membership committees
- 3 - Increasing and stabilizing our membership numbers.

If you have any questions regarding membership issues or any of the goals or information listed above, please do not hesitate to contact me.

– Hilsen, Mark Agerter

## Secretary Mickey Andrews



The District 2 Convention in Spokane this summer was a wonderful event. It was an opportunity to renew friendships and meet new Sons of Norway brothers and sisters. Living in Alaska often means that we do not see and talk with many of them except at the conventions. That may be some of the reason why those of us in Zone 6 enjoy doing the Alaska Hospitality Room. We had two musicians this year to enhance the festivities. Al Dwyer from Petersburg played the guitar with Marit Kristiansen on the accordion. There was lots of music and singing going on!!!

After having served four great years as Zone 6 Director, I am honored to be elected as your District 2 Secretary. The day following adjournment of the convention, I took my first board meeting minutes on a strange laptop. Do you know what happens if you casually and carelessly brush your hand on the little mouse pad as you happily keyboard away? All of a sudden, you see nothing on the screen where the words should appear. The casual touch jumps the cursor to another place in the document and that's where it's all happening. By the end of the board meeting, the cursor was behaving better but I'm sure I was slightly cross-eyed from the experience.

Since that time, there has been tremendous learning of my new role and organizing of the materials that the job requires. Fortunately, many mentors and those-who-know-most-everything are available to give me assistance when I need it.

The full board meeting was held at Trollhaugen in September. What a wonderful board we have for the next two years! President Waldo Bueing has assumed his office with confidence and I am enjoying working with him. And all of the other board members have so many awesome ideas and are already working together to make our district the best ever! We have our District 2 100<sup>th</sup> Anniversary coming up in 2010 so there is lots of work and fun for everyone. If you are called to help with the anniversary or another district event, please consider saying yes. You'll find it to be a pleasant and informative experience! I look forward to an exciting two years as your secretary.

– Martha Andrew

## Treasurer Sohng Shin



Greetings,

It is a pleasure to inform everyone that the district is in excellent financial condition. Typically, in convention years, our cash reserves are depleted due to the District and International expenses. Because of the dedicated leadership of previous board members and the District 2 Treasurer, Mark Agerter, and our generous members' countless donated hours and generousities, we are starting a new leadership with a very healthy balance sheet.

While the report shows a loss for the year of \$-9,739.14, as mentioned, this is typical for a convention year. Our account balances at the end of the third quarter shows \$40,385.46.

It is our wish that District 2 board members and all Sons of Norway members will be able to continue many projects and programs with our healthy funding models and financial mechanism.

I'd like to thank you all for the support and assistance and looking forward to the best outcome of our programs and projects.

Have a great autumn.

– Sohng Shin



Ski for Light, Inc. is an all-volunteer, non-profit, organization founded in 1975. The mission of the organization is to teach blind, visually- and mobility-impaired adults how to cross-country ski, in an atmosphere that encourages participants to realize that the only true limitations that they face because of their disability are the limitations that they place on

themselves.

The 34th annual Ski for Light International Week will take place from Feb. 1 - 8, 2009 in the Wasatch Mountains of Utah. We will stay at the Marriott Hotel & Conference Center in downtown Provo, and ski at the Soldier Hollow cross-country ski area in nearby Midway, Utah. For more information, visit <<http://www.sfl.org/>>.

## Cartridges for Kids Continues



For those of you out there wondering about the fate of the Cartridges for Kids (C/K) program that was initiated several years

ago, I would like to take a little of your time and update you on where we are. Yes, the program continues! Yes, we are still raising funds for our district-sponsored youth activities! Yes, we still need your help with this terrific opportunity!!!

At the present time we have more than 14 lodges that are actively participating. I say "more than," because we have a few lodges that have apparently not put their lodge name or number on their return mailing labels. We still get the money, as long as C/K knows that it comes from Sons of Norway, District Two, but your lodge does not get individual credit for your efforts. Please make sure that you take a second or two to review the mailing labels before FedEx picks up the box to make sure that your



lodge name and number are either printed on by FedEx or written in by you.

To date, we have collected a grand total of \$1,754.31 from our efforts. In addition, we have kept hundreds of pounds of reusable stuff out of our landfills. This is fantastic.

If your lodge would like to help, please let me know. It is never too late to come on board. I will give you all the information you will need to contact C/K and get a collection box and mailing labels sent out to you. Remember, this is probably the easiest fund-raising activity you will ever take part in. All you do is put a bin out for people to drop off their used printer/ink jet cartridges, cell phones, pdas and laptop computers. Then, you put them in a shipping container. Next you apply the FedEx return label.

Finally you call FedEx to come and pick up the box. That is truly all there is to it. The check is sent to me. I log in your amounts and forward to the check to the District Treasurer.

Thanks to all of you that have contributed and continue to contribute to the success of this program.

– Mark Agerter

For more information, go to [www.cartridgesforkids.com](http://www.cartridgesforkids.com)



*Our District 2 camps benefit from the funds raised through the Cartridges for Kids fund-raising program.*

## Counselor Sandi Shin



I am honored to have been elected your District 2 Counselor. After serving four years as a Zone Director, this will be a new challenge for me. I will put forth my best effort for the District as I take pride in a job well-done.

This article isn't very long as I haven't been doing this job very long and I'm just "getting my feet wet". Next time, I'm sure I will have more to write about as I will have had a chance to accomplish some things.

At our September board meeting at Trollhaugen, Mark Agerter and I met and discussed what needs to be updated as far as the Policy and Procedures book. I have already begun work on the updates.

As we transition into this festive time of year, I hope all of us will be mindful of the things we have and be willing to help our fellow lodge members and all who need a helping hand.

– Sandi Shin

We were saddened to learn that the president of Midnatsol Lodge #32 in Ketchikan, AK, Thelma Ludwigsen, passed away on October 22. Many members attended her memorial service on October 29. Our heartfelt sympathy to her family and her lodge.

## Adopt A School

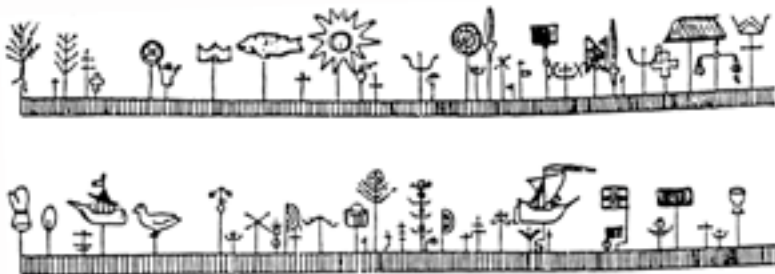
### Jump In and Get Your Feet Wet!

There's an idea tickling the back of your head. Just a silly idea that wants to curl the lips up ever so slightly. You can't dismiss it because it creeps around your head and just won't go away. It's like the fun, silly little song you heard on TV, in the movies or on the radio and it won't let you go.

Great ideas are like that. At our last District 2 Convention I was asked if I had any ideas that might be used in a classroom far up north where the months of darkness are balanced by the months of light. Where what you have is pretty well contained within the boundaries of the "known" world.

There are as many questions that reside in a small northern community as there are in Puget Sound communities, Olympic or Cascade communities or the excitingly beautiful communities surrounded by the wheat fields of eastern Washington and Oregon.

In their world, how did the Vikings keep track of seasons? Through the use of a very valuable tool that was passed down from generation to generation - a calendar stick. Maybe you could help some child or some classroom make a calendar stick that's just right for their village. Don't know how? Jump in and get your feet wet. Now you know that there is such a thing as a calendar stick, get the kids to do the work for you and have them use their libraries, their resource adults or even use their computer. Have them teach you and you have fun learning.



The two sides of a Viking primstav - calendar stick.

TO Mrs. Morrow FROM  
Mackenzie



*The rewards of working with children in the schools are immeasurable. This was one of numerous thank you's I received from a class of second graders after presenting a program about the Vikings. This is a portrait of me dressed as a Viking lady with the Viking chest from the Nordic Heritage Museum. Pictures I brought are sitting on the chalk tray behind me.*

— Roberta Morrow

How about some of the board games like Chess, Battleship and Breakout. The Vikings played early games upon which these games are based. I'm sure teachers would be very happy to have you help the kids learn the thinking skills that are associated with these games. Again, the computers are a great

tool to find out about these early Viking games.

Don Anderson from Norden Lodge #2 is a great source of information on ancient games. Ask him about his resource book on Ancient Games. Check out the Viking for Kids publications and the other resources available from Sons of Norway International. Lots of good ideas there.

Grab an idea. Have fun. Run with it and if you get your feet wet, so much the better. Don't be afraid to call a teacher, a principal or even a superintendent and let them know you have an idea that can help make learning fun.

— Sid Iverson

## **International Director Bill Fosmoe**



We had a very successful District Two Convention at the Mirabeau Park Hotel located in the East Valley of Spokane, WA. Thanks go to the excellent job done by the host lodge Tordenskjold #5 and co-chairs Reba Haugen Jewell and Susan Kirkeby, along with their committees.

A number of important by-laws and resolutions were passed by the delegates and sent on to the International Board for final approval. This was done by the International Board prior to the International Convention in San Diego, CA.

The District Two delegates elected an outstanding new board of directors. Congratulations to them and I know they will eagerly fulfill their officer duties.

District Two gave out Fraternal Financial Awards to 17 lodges. Thirteen lodges had a 3% increase and received a certificate along with a check for \$50.00. Four lodges had a 20% or more increase and received a certificate along with a check for \$100.00.

During the District Two Convention the Sons of Norway Foundation handed out pink piggy banks to all of the lodges in the district. Foundation Director Cindy Olson requested that the banks be set out at lodge meetings to collect small pocket change and the contents sent to the Foundation at the end of October to help celebrate Foundation Month. At the convention this was very successful as the lodge delegates donated over \$2000.00 to the Foundation.

The International Convention was held at the Mission Valley Marriott Hotel in San Diego, CA hosted by Valhalla Lodge and co-chaired by Helga Moore, Ola and Karin Brevig and a hardworking committee. We accomplished a lot of business and also enjoyed some fun events. The opening ceremonies were very impressive as we had the Marine Corp Band from the Marine Recruit Training Center in San Diego performing a number of songs and marches for the International Board to march into the convention hall. We also had a very moving memorial ceremony on Saturday morning prior to the election of new officers.

The delegates elected the following officers:

- President, Dan Rude from Missoula, MT
- Vice President, Marit Kristiansen from Anchorage, AK
- Secretary, Audun Gythfeldt from Pocono Pines, PA
- Re-elected Treasurer, Gene Brandvold from Bloomington, MN
- Sherrill (Swede) Swenson from Downey, CA was elected by the

International Board to be the fifth member of the executive committee.

The District Directors were elected as follows:

- District No. 1, Jon Tehven from Waverly, IA
- District No. 2, Bill Fosmoe Seattle, WA
- District No. 3, Barbara Berntsen from Valley Stream, NY

Directors that have two more years are as follows:

- District No. 4, Elaine Nelson from Rugby, ND
- District No. 5, Jostein Bakken from Wauconda, IL
- District No. 6, Sherrill (Swede) Swenson from Downey, CA
- District No. 7, Erik Brockmann from Burnaby, B.C. Canada
- District No. 8, Ernst Granly from Raholt, Norway

Now it is on to District Two's 100<sup>th</sup> Anniversary and the 2010 District Two Convention to be hosted by Normanna Lodge #2 in Everett, WA and the 2010 International Convention to be hosted by Harold Haarfager Lodge #11 in Coeur d'Alene, ID.

*– Fraternaly, Bill Fosmoe*

*The Sons of Norway Foundation launched its new "Feed the piggy!" campaign*



## ***Legislative Review of the 2008 International Convention***

There was much accomplished at the International Convention held in San Diego, California on August 27-30 this year. Here is a short summary of the most important legislative issues that were brought up and how the votes went.

A new **Charter, Constitution and Procedures manual** was presented for approval by the committee appointed at the 2006 convention to take on the task of reordering the current document to “provide a more logical presentation of our governance by separating laws from procedures.” Nothing was changed or omitted from the previous document, but everything is now in a more logical and usable format. This new document was approved.

Our District Two proposal that “any individual convicted of a crime related to the performance of his or her Sons of Norway duties shall be barred from holding further office on a Board” passed. This will apply at all levels of Sons of Norway, local, district and international.

Likewise, our District Two proposal to ban proxy voting was adopted. No proxy voting will be allowed, again at any level of Sons of Norway, local, district or international.

Our District proposal to change International representation from a factor of 1 in 400 to 1 in 300 in order to increase representation, failed. Most negative comments centered on the issue of the perceived added expense of sending more delegates to the International Convention.

A modified version of our proposal regarding the appointment of International Convention Committees did pass. The final wording to the first paragraph of Section 44 will now read “The International President shall appoint from among the elected Delegates committees to serve during the International Lodge Meeting as follows: Committee on Finance/Investments, Committee on Resolutions, Committee on Laws, and Committee or Committees on Reports/Fraternal Programs. Underlined section is the newly modified statement.

There was a failed proposal by District 3 to limit the term of service of an International Director to two terms of two years each. Two terms of four years is current law.

The mission statement was again reworked. It will now read, “The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.”

Compensation for International Directors was increased since it had not been changed since 1982. The International President will receive \$1250 more per year and the other directors will receive an additional \$1000. This means the President will earn \$7250 annually with the general directors earning \$2500 and the executive directors earning slightly more.

A resolution from District 1 passed that recommended simplification of the many membership categories we have. A committee will be appointed to review these categories and report to the International Lodge in 2010.

The following resolutions failed:

- 1) to include a breakdown of how dues are apportioned on each member’s annual dues statement;
- 2) to tighten up security on bulk email communications;
- 3) to create new greeting cards and make clip art available;
- 4) to require headquarters to send out membership data to more officers than just the Vice Presidents; and
- 5) to give priority to purchasing awards and other products that are made in the US, Canada or Norway above products made in other countries.

All in all, I was very pleased with the results of the legislation proposed by District Two with three out of the four proposals that we advanced being adopted. The process of working through these proposals was very interesting and informative, although admittedly longer than most of us would have wished.

– Mark Agerter



# Christine Anderson - District Two Historian

*Think 100!*

## **Alaska-Yukon-Pacific Exposition Centennial celebration from May-October 2009**



The A-Y-P Exposition was held from June 1, 1909 to October 16, 1909 on what is now the campus of the University of Washington in Seattle. More than 3.7 million people visited the exhibits. In 2009, heritage organizations in Seattle, King County, and Washington State will present exciting projects that tell the story of how the 1909 event changed the course of local history and influences the region today. Nordic events are being planned for the summer of 2009, including the restoration and sailing of the *Nordic Spirit*, a boat crafted from around 1815 in Norway. Join in the fun and celebrate!

We are expecting the Norwegian Seventeenth of May Committee in Seattle to include the Alaska-Yukon-Pacific Exposition in their theme, but the centennial event officially kicks off during the Northwest Folklife celebration at the Seattle Center during the May Memorial Weekend. It will feature a Scandinavian Village. Your lodge is asked to participate and promote this event within your membership and communities. The Nordic Heritage Museum will also be having an exhibit about the contributions the Scandinavians made to this event and the events they held throughout the summer of 1909. They are looking for memorabilia and souvenirs from then and you may have some in your attic!

You can also look forward to a joint concert of the Norwegian Male Chorus, the Norwegian Ladies Chorus, and the Hellvik Mannskor on May 16 on the University of Washington campus.

There are several websites for you to view about the A-Y-P Exposition celebration:

### **Norway Day video from August 30, 1909**

<http://aypcentennial.org/1909/a-y-p-resources/norway-day-video>

### **Seattle Archives**

<http://www.seattle.gov/CityArchives/Exhibits/AYPE/default.htm>

### **A-Y-P Exposition Community for events and more**

<http://www.aype.org>

### **A place to find memorabilia for sale**

<http://www.aype.net>

### **Discovering A-Y-P: A Community Research Project/Museum of History and Industry (MOHAI)**

<http://www.seattlehistory.org/ayp.cfm>



## ***Fram, forward into the future celebrating 100 years of Sons of Norway from coast to coast!***

Of course, this also intermingles with our own Centennial of the merger of Sons of Norway on the Pacific Coast with Sons of Norway being celebrated from July 2009-August 2010. On July 9, 1910, Sons of Norway became a coast to coast organization within the United States and District 2 is formed with lodges from British Columbia down to California.

In 1910 the population of Washington was 1,141,990. By 1910, more than 7,000 Norwegians lived and worked in the King County region. They lived all over the county but especially in Ballard, and worked as loggers, farmers, engineers, entrepreneurs, boat builders, and fishermen.

## Historic dates during the anniversary year beginning, July 9, 2009

<b>May 16/17</b>	Signing of the Norwegian Constitution, Eidsvold, Norway Possible kickoff of Nordic A-Y-P Centennial Celebration	195th anniversary 30th anniversary
<b>June 24/25</b>	Trollhaugen	
<b>July 9</b>	Beginning of 100th anniversary year	
<b>July 12</b>	Border Festival Blaine WA	Possible kick off of event
<b>July 27</b>	Nordstjernen Lodge No. 43, Miles City MT	95th anniversary
<b>August?</b>	E. B. Hauke of District 2 is elected Supreme President. Served for 20 years. From Nidaros Lodge No. 16	75th anniversary
<b>August</b>	D2 Steak fry Trollhaugen	
<b>August 11</b>	Bernt Balchen Lodge No. 46 Anchorage AK	65th anniversary
<b>August 14</b>	Knute Rockne Lodge No. 12 Seattle WA	75th anniversary
<b>August 25</b>	Norden Lodge No. 2 Tacoma WA	105th anniversary
<b>August 30</b>	Norway Day at the A-Y-P Seattle	100th anniversary
<b>September 13-14</b>	Star Spangled Banner written by Francis Scott Key USA	195th anniversary
<b>September 7</b>	Helgeland Lodge No. 30 Puget Island, WA	75th anniversary

– Christine Anderson



AYP Expo participants on board the Viking ship.

### Oh, Lutefisk....Dinners

**Sat., Dec. 6, 5 PM:** Odin Lodge 2-041, Yakma, WA.

Contact: Helga Staffan 509-457-8405

houseofjh@msn.com

**Sat., Dec 6, 12 Noon-6 PM:** Bothell Lodge 2-106,

Bothell, WA Contact: 206-633-4113

<<http://www.bothellsonsofnorway.org>>

**Sun., Jan. 11, from 11:30 AM:** Bredidablik Lodge 2-027, Kelso. Contact: Bob Fristad at 360-423-7789

**Jan. 18, 19, 25, 26:** Sonja Lodge 2-038, Eugene, OR  
Contact: Marvin Hanson 541-686-8674

**Sat., Feb. 7,** Sol-Land 2-086, Kennewick, WA

Contact: Nancy at sol.land.lodge@gmail.com or naholter52@yahoo.com

### D2 Contact Information

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Director Zone 2	Elaine Grasdock	360-734-7753	emkvam@juno.com
Director Zone 3	Judy Nilson-Cooper	206-282-9000	judycooper15@att.net
Director Zone 4	Julie Swenson	360-779-6545	p.j.swenson@worldnet.att.net
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Int'l President	Dan Rude	406-543-3219	dbjrude@msn.com
Int'l Vice Pres.	Marit Kristiansen	907-562-5172	marit@gci.net

## Zone 2 Director Elaine Grasdock

Fall has descended on us with a nip and frost in the air. Along with this comes the smell of hot cider and baking from the oven. Work days are already gearing up for the seasons festivities. Bazaars and dinners will abound in the next months.



Activities of the lodges are as follows:

### Abel Lodge, Conway

Norwegian Language class at 1:00 p.m. followed by lodge meeting at 2:00 p.m. on the 3rd Saturday of the month.

### Fritjov Lodge, Stanwood

Lunch from 11:30-1:30 on the 1st Friday of the month.  
Potluck dinner and meeting on the 2nd Friday of the month.

### Blomsterdal Lodge, Mt. Vernon

Meeting 1st Friday of the month.

### Edmonds Lodge

Meeting 2nd Wednesday each month.  
Christmas party on Friday, December 12.

### Normanna Lodge, Everett

Pancake breakfast 2nd Saturday each month through fall and winter.

Meeting on 2nd Friday of the month.  
Dancing every Monday and Thursday at 1:30 p.m.  
Bazaar on November 14 & 15 from 10:00 a.m. - 4:00 p.m.  
Christmas Dinner/Dance December 7th.

### Wergeland Lodge, Bellingham

Meeting on 2nd Friday of the month.  
Pancake breakfast on 3rd Saturday of the month. 8:00 a.m. - 11:00 a.m.

Lutefisk Dinner on February 7th, 2009.

### Whidbey Island Nordic Lodge

Meeting on 3rd Saturday of the month at 10:00 a.m.

I am not planning any workshops until after the New Year. Then there will be new officers and the holiday frenzy will be over.

Enjoy the season and all that goes with it.

– Elaine Grasdock

Visit the District 2 Website: <http://www.sonsofnorway2.com>

**Zone 1 Director Judy Nilson Cooper** was rear-ended on the way home from the fall board meeting. We hope she has recovered!

**Sports Director Ingrid Blockhus** and Grieg Lodge newly elected Sports Director Hedrick Hueneke have announced their engagement. They met at the District 2 convention in Spokane. They are planning a late spring/early summer wedding. Gratulerer!



## Mark your Calendars!

### D2 Ski Race & Winter Carnival

Saturday, February 7, 2009  
Trollhaugen

### Spring District 2 board meeting

Saturday, April 4, 2009  
8:30 AM.  
Poulsbo Lodge

### Dynamic 2 Spring Deadline

April 10, 2009  
Email articles to Roberta

### D2 Bowling Tournament

April 25-26, 2009  
Spin Alley Bowling Center in Shoreline, WA  
Banquet next door at the Richmond Beach Grill House.  
Hosted by Edmonds Lodge

## **Zone 4 Director Julie Swenson**

In February, 2008 I was nominated and elected as a delegate to the 62<sup>nd</sup> Biennial District #2 Sons of Norway Convention to be held in Spokane, WA June 19, 20 and 21, 2008. In Spokane, at the convention, I had the privilege of being nominated and elected as the District #2 Zone 4 Director.

The seven Sons of Norway lodges included in District #2 Zone 4 are Norden #2 in Tacoma, Grays Harbor #4 in Aberdeen, Oslo #35 in Bremerton, Olympic #37 in Port Angeles, Poulsbo #44 in Poulsbo, Hovedstad #94 in Olympia, and Skjonndal #127 in Centralia.

Some of my duties in this position include visiting the seven lodges in Zone 4 at least once during my two year term; keeping the same seven lodges informed of special events; inform the lodges how to apply for grants from the International Foundation; to be available by phone, email and US mail for lodges to communicate with me; and to present training to the lodges.

In July I sent a letter to the president and secretary of each of the seven lodges in Zone 4 in which I introduced myself, giving them a brief history of me and my 39-year relationship with Sons of Norway. In August I prepared and sent an email to inform each lodge that a Leadership Training Phase III is scheduled for October 25, 2008 in Poulsbo. In addition I sent along an attachment advertising the Leadership Training and requested that it be included in their newsletters.

Some of the planned events for Zone 4 lodges include:

October 18	Scandinavian Bazaar, 11-2, Grays Harbor #4, Aberdeen, WA
October 26	Lutefisk Dinner/Bazaar, 11:30-4:30, Oslo #35, Bremerton, WA
November 1	Torsk Dinner, 4:30 – 6 – 7:30, Sonja Lodge #38, Eugene, OR
November 16	Lutefisk Dinner, 11-5, Poulsbo #44, Poulsbo, WA
November 23	Lutefisk Dinner, Lutefisk Dinner, 2-4-6, Grays Harbor #4, Aberdeen, WA (need reservations)
December 6	Bazaar, 10-4, Poulsbo #44, Poulsbo, WA
February, 2009	Cross Country Ski Tournament, Trollhaugen, WA
July 2009-2010	100 Years of Sons of Norway District 2

As your Zone Director I plan to do my best to help each of the seven lodges in Zone 4 to BE THE BEST THEY CAN BE. Please feel free to contact me with any of your questions or concerns.

– Julie Swenson



*Board members and spouses enjoy fellowship and meals at Trollhaugen during the fall board meeting. L-R: Julie Swenson, Karin Custance, Mickey Andrews, Sandi Shin, Magne Wick, Sohng Shin*

*Socializing while waiting for dinner to be served. L-R: Ingrid Blockhus, Regina Agerter, Jane Bueing, Julie Swenson (back), Judy NilsOn-Cooper*



*Wonderful meals are one of the perks of serving on the D2 board*